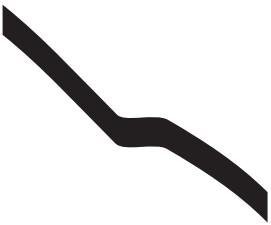
esther & david

cw: gaslighting, psychological abuse, other heavy stuff

There is an autistic, kinetic, genderfluid person. We'll call them David.

David has a mom, a stepdad, and three siblings:

A younger brother.
An older brother.
And a sister, who is younger.



We'll call David's mom Esther.

Esther has, for many, many years, often with plausible deniability:
- pitted David and their siblings against one another
- lied to, and/or bullshat, David and their siblings
- changed her stories to gaslight and disorient David and their siblings
- accused David and their siblings of doing what Esther herself does
- kept David from having their friends visit them, with only a few exceptions
- stonewalled David and their siblings every time they have tried to hold her accountable
- promised to change but has rarely, if ever, kept her promises
- given David the false choice of living with her, or in an institution
- threatened David with "the psych ward" for having meltdowns that SHE HERSELF drove them to!
- lied and/or gossiped about David to others, including to David's friends and peers
- been future faking David in various ways
- been sabotaging David's efforts to co-regulate, co-create, and organize together with their peers
- taken covert pleasure in David's suffering (sometimes openly admitting this whenever pressed enough)
- been expecting David to keep all of Esther's abuses secret (or ELSE!)

If you were David:
- how would you feel?
- how would you try to protect yourself against Esther's harmful ways, means, and schemes?
- how would you deal with the complex, painful, still-ongoing trauma from all the gaslighting, misdirection, obstruction, sadism, etc.?
- how would you try to protect your co-creation with your peers from Esther's malicious sabotage and harm campaigns?
- would you deal with the desire to see Esther (and everyone else who's wronged you) utterly humiliated, crushed, defeated, downtrodden, etc.?
- how burnt out would you be?
- do you think you would survive the onslaught?
- would you keep Esther's abuses a secret, or would you tell someone about them?